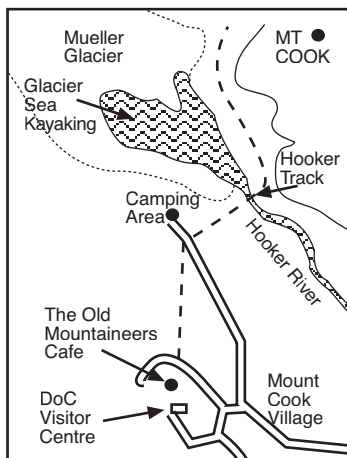


GLACIER SEA-KAYAKING

Join us on our 3 hour Glacier Sea-Kayaking adventure or our full day Hooker Valley Sea-Kayak and trek. These are trips you must experience while visiting Aoraki/Mt Cook National Park.

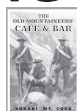
- Sea-kayak into pristine glacial bays surrounded by glacial ice.
- You may be able to sea-kayak near to or even touch ice bergs.
- Drink some of the purest water in the world.
- Experience the beauty and peaceful nature this quite zone of Aoraki/Mt Cook has to offer.
- Listen to avalanches thundering off the slopes of Mt Sefton.
- Fantastic photographic opportunities.
- Sea-kayak with great views of Aoraki-Mt Cook.
- Enjoy a short trek through native vegetation to the glacier experience in the beautiful Hooker Valley.
- **Ask about our rock-climbing adventures.**
- Start and finish your adventures at the Old Mountaineers' Cafe & Bar.



Ask for us by name:

GLACIER SEA-KAYAKING

*Book at the Old Mountaineers'
Cafe (03) 435 1890,
Dept. of Conservation,
YHA or the Hermitage Activity Desk.*



P.O. Box 32 Aoraki/Mt Cook 8770 New Zealand
www.mtcook.com